



To Whom It May Concern:

I would like to inform you about a website for teenagers called HelpingTeens. HelpingTeens is found at <http://www.helpingteens.org> and is a website geared completely towards helping teenagers with an assortment of problems. It can also just be a safe place to chat, make friends and relax. We offer many ways to help teenagers who someone to talk to for support.

The Support Groups is a message forum and this is our largest section. The Support Groups cover a vast array of topics from depression to relationships to a lounge for chit chat and current events. They house hundreds of thousands questions, answers and discussions about personal issues, school issues, family issues, health issues, and much more.

Another section of the site is the Live Chat where you can speak directly with other teens in a live environment or teen mentors who have been specially selected to help out teens with any issues on their mind. The Live Chat can also be a fun safe place to hang out online. There are several regulars there at most times to chat with to pass time and, of course, help out anyone who needs it.

We offer over 100 articles written on various topics that have written by our members and mentors. Some are factual documents, and others are personal stories of people who have struggled or dealt with a particular issue.

All of these sections are great ways to receive help and have fun and make friends.

HelpingTeens is a safe environment where you can control how confidential you keep your identity. We would like to encourage teens to come join our community. You can write to HelpingTeens with confidence knowing that someone cares. Please come and check out our community.

Sincerely,

Adam Marshall
HelpingTeens.org Owner