

I just wish someone would listen to me...

I wish I could explain how I feel to someone

I need to vent!

**Will anyone listen?**

You aren't alone.

**HelpingTeens.org** is here for you.

HelpingTeens.org is a website designed to help teens by other teens. Teens that understand where you're coming from.

You can talk one-on-one with someone else, if you don't feel like posting in the Support Groups.

Just visit the **CHAT ROOM**.